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If it doesn't work, please click on this link: [jptunimus-gdl-kkirizkia-5685-1.babi.pdf](#) Thursday, February 02, 2012 Unknown 1 comment BINAHONG HOW ONE OF CHEAP AND EASY MEDICINE ALTERNATIVES ACQUIRED BY :HIVAN KHOLIS A.URIF-Y AL-ASYHARY LATRAY PRIME PUTDRADRAS (0354) 687876 KEDIRITAHUN 2011KATA PENGANTAR PUGANTAR Puji sur alhamdulillah author climbing the presence of Allah SWT because of his abundance of grace, which gave way and thought so that the document entitled Binahong as one of the alternative medicines that are cheap and easy to obtain can be solved quite well. In this regard, the author did not forget to thank the person who helped directly or not, namely: 1. Our parents who gave a lot of knowledge so that the author could complete this work. And all those who helped and informed the author, so this article is far from perfect. 2. Friends who helped develop this document. Therefore, criticism and proposals for the benefit of this document in the future will be very helpful to the author. And if there is a shortage of this paper, the author apologizes in full. As if there is no cracked ivory, there is nothing perfect in this world. Let this document be useful to all of us. Amin. Kediri, May 25, 2011BAB IPENDAHULUANA. Background We know Indonesia is rich in medicinal plants. For a long time people used plants and other natural materials as a means to reduce pain, treat and prevent certain diseases, decorate themselves and keep the body healthy and healthy. It is known from historical records that herbal medicine or therapy using plants was known to the public even before BC. Until now, the use of plants or natural materials as medicine is known as folk remedies. Traditionally, the Binahong plant is thought to have various medicinal properties, starting with lung and severe diseases, including diseases caused by microorganisms. However, so far there have been no specific studies that show the true efficacy of the plant, both with preclinical and clinical trials. Binahong himself is well known as a medicinal plant from mainland China, known by its original name Dheng San Chi. This plant is known to have remarkable healing properties and has been consumed for thousands of years by Chinese, Koreans, Taiwanese, etc. In southeast Asia, this plant is a mandatory consumption of the Vietnamese people when fighting American invans, but unfortunately this plant is still foreign to the region of Indonesia. Today, traditional medicine in the form of herbs and medicinal plants is still widely used by the community, especially in the middle class. Even from time to time traditional medicine improves, especially with the advent of back to nature issues, as well as the protracted crisis. All parts of the plant spread this fileat, starting with the roots, stems and leaves. Its use can be boiled or eaten as lalapan for leaves. This plant grows vines. It is often used as a gendol or gate that circles over the garden path. Some think binahong is from Korea. However, this plant has actually been around for a long time in Indonesia and is commonly referred to as Gendola (Basella Rubra Lynn). Almost all parts of binahong plants such as tubers, stems and leaves can be used in herbal therapy. Now seeds are easy to buy in Kopeng tourist attraction. This plant grows well in cold and humid environments. And the garden that started to be widely used for the health of Binahong. Based on empirical evidence in the community, Binahong is thought to cure a variety of ailments, including cough or vomiting of blood, lung disease, diabetes mellitus, kidney inflammation, piles, dysentery, bleeding gums, wounds after surgery or childbirth, acne, accidental wounds, burns, improved male vitality, maintaining endurance, lowering cholesterol levels, and others. However, there have been no specific studies with preclinical or clinical trials showing the true efficacy of the plant. B. Formula Problem1.Can Binahong be used as one of the alternative drugs for wound healing and what is the content in Binahong?2.Best efficiency on the stem, root, or leaves?3.How to use Binahong to treat diseases? C.Research Objective 1.To find out if Binahong can be used as an alternative to cheap wound healing drugs 2.To know the best efficacy between the stems, roots and leaves of Binahong 3.To know the right way to use Binahong to treat wounds. This research methodology uses a qualitative approach. The method used to study libraries or literature over the Internet, because through We can be easier easier research because the source of information from the Internet is more than through the book E.ManfaatFor Researchers: Knowing the benefits / properties of binahong. For readers: May know the effectiveness of binahong. Can cultivate binahong. You can use binahong. HEAD OF IPENBAHASANA. BinahongB.Classification of BinahongKingdom Plants : Plantae (plant) Subkingdom : Tracheobiont (vessels) Supervisory : Spermatophyta (seed production) Divisio : Magnoliophyte (flowering) Class : Magnoliopsida (in two parts / dichotil) Subclass : Hamamelidae Order : Caryophyllales Familia : basella e a genus : Anredera Species : Anredera cordifolia (Ten.) Factory profile Steenis C.Binahong (Anredera cordifolia (ten.) Steenis)Binahong (Latin: Basella rubra linn, English : Heartleaf maderavine, China : Deng san chi) is a medicinal plant that grows in the lowlands and highlands and has many properties in the treatment of a wide range of lung and severe diseases. This plant has been around for a long time in Indonesia, but has only recently become an alternative for some people to be used as a natural remedy to treat or contract some mild or severe diseases. Binahong is a medicinal plant from mainland China, known by its real name Dheng San Chi. This plant is known to have remarkable healing properties and is consumed thousands of years ago by Chinese, Koreans, Taiwanese, etc. All parts of the plant are effective, starting with roots, stems and leaves. Its use can be boiled or eaten as lalapan for leaves. Characteristic binahong leaves: one leaf, a very short stem (sub-family), located inter-fresh, green, cardiac form (cordata), length 5 - 10 cm, width 3 - 7 cm, thin sluggish leaves, short ends, jagged bases (emarginatus), flat edges, slippery surface and edible. The plant, which is said to originate in Korea, was consumed by the Vietnamese during the war against the United States from the 1950s to the 1970s. This plant is also known among chinese people as Dheng San Chi and has been consumed for thousands of years by Chinese, Koreans, Taiwanese, etc. This is a leafy part of this plant that is commonly used as a natural remedy besides its stems and tubers. This plant grows vines. It is often used as a gendol or gate that circles over the garden path. Some called it binahong and came from Korea. However, this plant has actually been around for a long time in Indonesia and is commonly referred to as Gendola (Basella Rubra Lynn). Almost all parts of binahong plants such as tubers, stems and leaves can be used in herbal therapy. Now seeds are easy to buy in Kopeng tourist attraction. This plant grows well in cold and humid environments. The plant is soft-grained, cylindrical, mutually beneficial, red, solid inside, smooth sometimes forming a kind of tuber attached to the ampits of leaves with a shape coarse and roughly textured. Leaves: single, very short piece (sub-family), located in rivets, green, heart shape (cordata), length 5 - 10 cm, width 3 - 7 cm, thin strands of sluggish leaves, sharpened ends, jagged bases (emarginatus), flat edges, slippery surfaces, edible. Flowers: compounds in the form of beams, long stems appearing on the ampits of leaves, whitish cream crowns the size of five threads are not attached, the length of crown threads 0.5 - 1 cm, smells fragrant. Root: rhizomes, soft meaty. The advantages of this plant were chosen by soejijo, a former Kanindotex employee who used to ngilaju solo-semarang every time he worked. He said that binahong is a grass that can restore stamina, which is loyo. In addition to improving the vitality of men, binahong can heal deep and external wounds such as post-surgery, typhoid, ulcers, inflammatory bowels and piles. It can also overcome swelling and blood clotting, restore mild conditions after pain, rheumatism, battered bruising, gout and prevent stroke. For deep use, Soejijo does it this way: take risoma (tubers) to taste, wash clean, then boiled, after cold filtration and as a result is taken 2-3 times a day, so to heal wound scars of surgery, ulcers, typos, dysentery, physical freshness (add eggs and honey), prevent stroke, fall and lower back pain. But it can also be dried with tubs, then finely mashed, then put in a capsule of 0.5 mh and taken 3 times a day. For external use, the leaves and stems are finely pounded then applied to the sore part. This material to treat bruising due to impact, exposed to fire (heat), rheumatic, sciatica, soreness, smoothing of the skin. Tubers are mixed with other ingredients by boiling together betel leaves, temulawak with the odd comparison: 7, 9, 13 for healing heart swelling, swelling of the lever, diabetes, kidney damage and inflammation of the colon. Stem to overcome the weakness of the man, i.e. by making the juice applied to the penis, let stand for a while, then do copulation with the wife. If a digodog with kencourt (3 cups to 1 cup) drink every night for one week, the result is also normal to have. D.BinahongBinahong chemical content is known to have outstanding healing properties, and is consumed thousands of years by Chinese, Koreans, Taiwanese, etc. Almost all parts of binahong plants such as tubers, stems and leaves can be used in herbal therapy. According to the results of the study, binahong contains saponins, alkaloids and polyphenols. According to the chemicals it contains, binahong (Anredera cordifolia (ten.) Steenis) effectiveness as cough or vomiting blood medicine, pneumonia, diabetes, shortness of breath, acute ulcers, low blood pressure, kidney inflammation, liver symptoms, dysentery, nosebleeds, surgical burns, acute wounds, acne, swollen intestines, bloody gums, lack of appetite, smoothing menstruation (childbirth), maintaining endurance in the body to stay healthy, healing, and weak orgasm, as well as antibacterial.E. The effectiveness of Binahong in general, binahong can accelerate the recovery of health after surgery, childbirth, circumcision, all deep wounds, inflammation of the intestines, promotion and normalization of circulation and blood pressure, prevention of stroke, ulcers, urinary acid, addition and restoration of the vitality of endurance, vizio (piles), urination, bowel movements, diabetes, etc. 2.Benefits of stems: can be used for skin care. 3.Benefits of leaves: can cure sciatica, rheumatism, wounds, and so on. 4.Benefits of seeds: can be used to treat diabetes, liver swelling, kidney damage, and inflammation of the colon For more information, we grouped the properties or benefits of binahong to prevent the healing of lung diseases and the healing of heavy hooks :A. Category of lung diseases - Dysentery / Defecitis : 10 leaves each drunk Day Bloody ambeyen : 16 leaves drink daily - Nasal bleeding from the nose : 4 leaves drink daily - Surgical / surgical exhaustion : 20 leaves drink daily 10 leaves drink daily : Acne : 8 leaves drink daily - Swollen intestines : 3 leaves drink Daily - Bleeding gums : 4 leaves drink daily - No appetite : 5 leaves drink daily : 3 leaves drink daily - Maternity/childbirth: 7 leaves drink daily - Maintain the endurance of the body: 1 leaf drink daily - Body warmer: 5 leaves drink daily - Weak orgasm : 3-10 pounds of leaves are drunk daily. B. Category of severe diseases : Cough / vomit of blood : 10 leaves drink daily - Light / bolong : 10 leaves drink daily - Diabetes : 11 leaves drink daily - Shortness of breath : 7 leaves drink daily - Acute ulcers (menahun) : 12 leaves drunk Daily fracture : 10-20 pounds of leaves drink daily - Low blood : 8 leaves drink daily - Inflammation of the kidneys : 7 leaves drink daily - Itch / eczema skin : 10-15 pounds of leaves drink daily - Mild /severe concussion: 10 leaves drink daily. F. The way binahong is handled is quite easy, does not require many tools or other materials in the use of binahong to treat diseases. Below will be summarized how to handle binahong 1. The easiest way to use binahong is to cook it or as a mixture when cooking instant noodles and eat directly like lalapan. Of course, the first binahong in running water.2. Leaves, roots and stems are used as a medicine. It can restore endurance, increase the vitality of men, heal external and deep wounds. Use indoors: tubers are washed with clean, boiled, filtered water. Drink 2-3 times a day to heal surgical scars, ulcers, typhoid. It can also dry the roots, finely knock, put in capsules, then drink 3 times a day.3. External use: Leaves and stems are finely pounded and then applied to the sore part. Effective in the treatment of bruising, rheumatism, sciatica, veins and skin smoothing.4. In order for the former C-section to dry quickly, take the binahong root, which flows red to 15 grams. After washing clean, boil with 3 cups of water until half to the left. Strain and drink while warm. You can add a little lemongrass or sugar cubes if you like. And below are clearly described binahong treatment easily based on disease.1.Swelling and bleeding due to falling or scratching Mash or chewing leaves Binahong2.leaves or more dependent swelling or wounds Apply to swelling or wound evenly - Make repetitive, if the wound is still wet or severe condition wounds We did for my child when falling from the motorcycle to the floor and head behind bengakak. In an emergency immediately chew the leaves binahong up smooth and apply to the swollen back head Alhamdulillah with God's permission to The next day the swollen deflated as it is time or normal. And on the oil (his brother) often ran and sometimes fell injured on the knee or Alhamdulillah arm quite once applied the next day directly dry.2. Acne take some binahong leaves 5 leaves or more 2.Apply on the face evenly especially on acne 3.then preferably before bedDo several times, until smooth facial skin for maximum results drink 5-6 binahong leaves in Juz mixed water one glass can be mixed with honey for good taste. CHAPTER IISAVE AND FUNDS. Conclusion1. Binahong can be used as an alternative to cheap drugs for wound healing. Because Binahong is easy to bypass our home without buying.2.Good efficiency in binahong in all parts, whether it be stems, leaves or roots. But the most common is on leaves.3.A good way of handling binahong is already outlined in the discussion chapter, and the most effective is to cook it. And when suddenly we fall and there are cuts or scratches on the surface of the body binahong can be directly used by wetting it or being sucked through the mouth, then place it and smooth it on the surface of the injured or scratched. B.Saran Because we already know the various benefits of binahong and its processing methods, we recommend using binahong as one of the cheapest and easiest in obtaining alternative medicines. We also recommend special cultivation of binahongs. List

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